

tiykarlanatuǵın bolsaq, balanıń hár tárepleme jetilisiwine onnan keyingi dáwirlerdiń esapqa alınǵanlıǵın itibardan shette qaldırmawımız tiyis. Sonlıqtan da 5-6 jasar balalarda koordinaciyalıq qábiletti rawajlandırıwda gimnastika

elementlerinen maqsetke muwapıq paydalanıw, balalardıń shaqqanlıǵın, epshilligin eń tiykarǵısı maqsetke erisiw jolında hár qanday awır shárayatlardan aqılǵa uǵras tárizde ótiwın támiyinleydi.

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РЕЗЮМЕ. Мазкур мақолада болаларда координацион қобилиятни ривожлантиришда гимнастик воситаларнинг хусусиятлари 5-6 ёш болалар мисолида сўз юритилади.

РЕЗЮМЕ. в данной статье рассказывается об особенностях использования гимнастических снарядов в развитии координационных навыков у детей на примере детей 5-6 лет.

SUMMARY. this article describes the features of using gymnastic equipment in the development of coordination skills in children using the example of children 5-6 years old.

THE USAGE OF TECHNOLOGY IN FOREIGN LANGUAGE LEARNING ENVIRONMENT

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Tayanch so‘zlar: texnologik yutuqlar, YouTubedagi ta’lim haqida videolar, Google Classroom, Zoom, tinglash va gapirishni rivojlantirish.

Ключевые слова: технологические достижения, обучающие видеоролики YouTube, Google Classroom, Zoom, развитие аудирования и говорения.

Key words: technological advancements, YouTube educational videos, Google Classroom, Zoom, developing listening and speaking.

In today’s world technological advancements make humans’ life more straightforward in each sphere in terms of education, communication, business relations, social issues and others. It is crucial to mention that technology brings profound benefits for individuals who are enthusiastic about brushing up on foreign languages as English. On the grounds that in the past most people had troubles with learning foreign languages due to a limited number of resources and unavailability of Internet. In contrast to this, in these years with the advent of educational tools as computers efficient problem-solving capabilities are being created.

Educators who are teaching foreign languages are utilizing electronic devices for many purposes in teaching. Technologies are giving great assistance to conduct lessons usefully:

- Reaching learners outside of classrooms.
- Using learning time efficiently.
- Sustaining motivation.
- Individualizing instruction.
- Providing access to information tools [1;4].

In language learning process computers are made use of by teachers extensively to teach lessons interactively. The role of computers is huge that learners can seek information anywhere that they want. In these days finding all necessary information from the libraries is a bit challenging so that takes a great amount of time to look for. For this reason, individuals are trying to use technological devices to spend time effectively. Besides these, technology boosts motivation to absorb knowledge by means of divergent applications that are regarded as both favorable and entertaining.

It is crucial to mention that digital learning activities promote purposeful communication and collaboration for both educators and learners, create a plethora of possibilities comparing the non-digital ones [2;4]. It can be because knowledge of people is limited by taking information only in the classroom or from the library. It is commonly known that in this modernized era news is being released daily on the internet. So that digital devices are referred as a handy tool to be informed by current affairs.

Notably, technological devices assist to foster 21st century skills that individuals have potential for taking part of online forums, webinars, discussions via variety of apps. Evidently, most people sometimes face up to problems with

finance to go abroad to attend some kinds of seminars related to education or business. In these situations, webinars give a hand to acquire knowledge and make discussions among people from overseas.

The significance of technological tools can be seen in language teaching and learning. Educators are suggesting a wide range of multimedia platforms with the aim of learning foreign languages successfully. Communities are fond of utilizing common social platform YouTube not only for entertainment, but also for studying purposes as well. The educational merits of making use of this application are:

- Watching educational videos about learning languages;
- Being aware of current events in a target language;
- Spending time effectively by participating free webinars;
- Bringing some videos for the classroom to teach learners;
- Enhancing writing skill by giving comments, chatting with others both spoken and written form of languages.
- Watching short stories and motivational videos to improve language acquisition;
- Listening to podcasts about mixed variety of topics that are dedicated to boost listening skill and comprehension;

Due to these benefits above, both teachers and learners are having passion for using from the Internet for academic purposes in order to be more sophisticated in their own areas. Additionally, some of the vital programs to master English is BBC Learning Applications that provide with crucial materials to consolidate four skills such as listening, speaking, reading and writing such as BBC Podcast, BBC News. The programs include many advantageous sides such as being aware of daily news, fascinating radio programs, fabulous events, different speech of people and others. While listening podcasts individuals can enrich vocabulary by learning new advanced words. It is necessary to mention new vocabulary words are given with definitions to be more comprehensible for listeners. In addition to this, new information is posted daily on variable topics for example, food, sports, society, environment etc. Educators and learners can select any topic according to their desire, materials, learning needs. The speakers in the podcasts speak in a tempo

and duration that are not challenging to comprehend ideas [3;5]. Simultaneously, users can broaden their horizon by virtue of reading and listening different people's ideas and beliefs. Daily usage of these applications can bring learners unlimited benefits with regard to language learning as mentioned above.

As the scholars said that "The application of computer technologies in language instruction provides a student-centred learning environment. It enables course administrators and teachers to vary lesson presentation styles to motivate students of varying interests, provides learning opportunities outside the classroom (hence increasing learner interaction with the language), and is perceived to cater more for individual differences" [4;2]. In accordance with this, learners can use technological devices not only in the classroom, but also outside where they want. It will be more worthwhile if teachers instruct how to use technological devices specifically, the usage of educational sites, applications, video, and audio materials. Facilitation creates valuable opportunities for individuals who are fond of utilizing gadgets. As it is commonly known, technology covers all like for instance, entertaining, educating, and informing purposes that are crucial aspects of life.

Another application that is helpful in the process of language learning is Google Classroom that is referred as one of the key apps to manage teachers own classrooms. It caters online education by virtue of downloading, uploading, sending and checking materials and tasks that are given by the teachers. "Google Classroom is absolutely considered as one of the best platforms out there for improving teachers work flow because it provides a set of so many useful and effective features that make it an ideal application to be used by the teachers. The benefit of using google classroom is the teachers can be able to manage and create or even collect the assignment from the students that has been given by the teachers before. Also, the teachers can be able to spend more time for the student and less time on the

paperwork" [5;109]. As it can be clear from those ideas above, Google Classroom app serves as a handy tool to connect both teachers and learners. Educators can upload tasks and give instructions how to execute them and learners can easily download these files.

Nowadays, one of the foremost platforms for people who are gratified by online education is Zoom that is devoted to organize live videos, webinars, conferences, chatting and other purposes. Mostly, this program made great contribution during the period of coronavirus pandemic since most professors exploited it to conduct lessons straightforwardly and successfully. Admittedly, abundant benefits have been noticed when applying it as face-to-face meetings with any people from everywhere from the world. Some researchers said that the features of it are systematically arranged, easy to utilize, practical and finding is uncomplicated. It provides with qualitative video, sound production and presentation that can be used in the process of teaching. It is crucial to say that educators can schedule the time of the meeting by schedule settings. In addition to this, teacher can inform the topic of learning, time and duration for the attendances of the meeting. The most advantageous of side of this program is recording feature in order to save videos without troubles. Due to many merits above, this application gained amazing popularity among youngsters who really adore to use online educational tools.

To sum up, applying technological devices inside and outside of the classroom brings numerous superiorities for both facilitators and learners. In order to educate people to learn foreign languages the role of online teaching tools is vital. Apparently, with the development of technology teachers relish to conduct lessons by means of online platforms such as YouTube, Google Classroom, and Zoom. These applications that are mentioned above serve as engaging and thrilling tools to acquire knowledge about foreign languages to improve language skills without challenges.

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REZYUME. Ushbu maqola til ko'nikmalarini yaxshilash va hamkorlikda o'rganish muhitini yaratish orqali muvaffaqiyatli darslarni o'tkazish uchun texnologiya platformalaridan foydalanish muhimligini ta'kidlaydi.

РЕЗЮМЕ. В этой статье подчеркивается важность использования технологических платформ для улучшения языковых навыков и успешного проведения уроков путем создания среды совместного обучения.

SUMMARY. This article highlights the significance of using technological platforms to enhance language skills and conduct lessons successfully by creating collaborative learning environment.

MILLIY SPORT TURLARIGA OID ATAMALAR POLISEMIYASI

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Tayanch so'zlar: milliy sport, lingvokulturologik xususiyat, atamalar, ko'p ma'nolilik, lingvistik tahlil.

Ключевые слова: национальный вид спорта, лингвокультурные особенности, термины, неоднозначность, лингвистический анализ.

Key words: national sport, linguistic and cultural characteristics, terms, ambiguity, linguistic analysis.

Terminologiya bu ma'lum til sohasiga doir til atamalar sanalib, uni hayotimizda mavjud ixtisosliklarning bar-chasida uchratishimiz mumkin. Sport terminologiyasi ham aynan sport sohasini qamrab olgan shakl sifatida yuzaga kelgan. Sport terminologiyasi keng va xilma-xil lug'atlardan tashkil topgan bo'lib, texnik atamalar,

so'zlashuv so'zlari va madaniyatga xos iboralarni o'z ichiga oladi. Sport terminologiyasi bevosita norasmiy so'zlashuv uslubini ham aks ettirishi mumkin, bunda sport, ko'pincha, jamiyatda tushuniladigan, ammo tashqarida keng tan olinmaydigan jargon va norasmiy iboralardan foydalanadi. Jumladan, Amerika futbolida qo'llanadigan "touchdown"